



COMPOSURE FOR HUMANS

- A Vegetarian Dietary Supplement To Support Stress Management*
- **Composure For Humans** is:
 - Fast acting
 - Pleasant tasting
 - An orange/mint flavored chewable tablet
 - Designed to support relaxation and stress management.*
 - Able to support better concentration and focus.*
- **Recommended to Support the Reduction of:**
 - Nervousness* - Frustration*
 - Irritability* - Low mood states*
 - Stress* - Mental exhaustion*
- **Composure For Humans** helps the body manage stress without causing drowsiness, impairing cognitive or motor functions, affecting emotional balance, or personality.* It contains nutrients not found in other calming formulas, which help the body cope with stressful situations.*
- **Composure For Humans** contains Suntheanine® brand L-Theanine, a patented bioactive peptide found in milk protein hydrolysate.* It has been extensively researched for its calming and relaxing properties*

Suntheanine®

- **Composure For Humans** contains 100% pure L-Theanine, (Suntheanine® brand) from Taiyo International, Inc. that has extensive research and documentation.* There are over 45 studies, which suggest it is helpful in managing stress, supporting relaxation, quality sleep, learning and concentration, as well as reducing irritability and low mood states.*

L-Theanine

- L-Theanine is a naturally occurring amino acid found in green tea and is a derivative of glutamic acid, a neurotransmitter in the brain. It helps the body to produce calming neurotransmitters, such as GABA and helps bring other neurotransmitters into better balance. L-Theanine supports deep muscle relaxation, improved quality sleep, and concentration and focus.* It also directly stimulates production of alpha brain waves, giving the body a sense of deep relaxation and mental alertness without causing drowsiness.*

Stevia

- Stevia is an herb that contains stevioside, which makes it taste as sweet as table sugar without effecting blood-sugar levels.*

Xylitol

- **Composure For Humans** is sweetened with Xylitol, a safe and natural sweetener that tastes like sugar, but contains fewer calories and is totally sugar free. It has amazing health benefits and the FDA's safest rating as a food additive with over 1,500 scientific studies.*

Supplement Facts Panel

Serving Size 1 Tablet

30 Servings per container

Amount Per Tablet

Proprietary Blend 175 mg

Containing L-Theanine (Suntheanine® brand)
and Milk Protein Hydrolysate (Lactium® brand)

Stevia 3 mg

Other ingredients: xylitol, peppermint, artificial orange flavor, vegetable stearate.

Caution: If you are pregnant or nursing, consult your health care practitioner before taking this or any nutritional product.

Contains: milk.

Suggested Use: As a dietary supplement, chew 1 tablet, once or twice daily during times of increased stress.

NOT FOR USE IN CATS AND DOGS.

Product Information:

Composure For Humans

0900135.030 (30 Chewable Tablets)

Suntheanine® L-Theanine is patented and licensed by Taiyo International, Inc.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SOLD EXCLUSIVELY THROUGH VETERINARIANS

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